

UW Medicine

UW SCHOOL
OF MEDICINE

INTERSTITIAL LUNG DISEASE FOR THE PRIMARY CARE PROVIDER

CANDACE NORQUIST ILD SUMMIT 2023



Saturday | July 15, 2023

University of Washington | South Lake Union

850 Republican Street

Seattle, WA 98109

Sponsored by:

UW School of Medicine Department of Medicine

Division of Pulmonary, Critical Care, and Sleep Medicine

Center for Interstitial Lung Disease

Who should attend – This summit is specifically tailored for providers engaged in primary health care. This includes primary care and family medicine providers, internists, allied health professionals and trainees. Patients, family members and caretakers are also invited to attend this program.

COURSE DESCRIPTION

The purpose of this educational program is to increase awareness and knowledge of interstitial lung disease and pulmonary fibrosis among general practitioners.

Interstitial lung diseases are a heterogeneous group of diseases with over 200 subtypes, a complex classification scheme and many different causes. In conditions such as Idiopathic Pulmonary Fibrosis, the prognosis is poor with a median survival of 3-5 years from time of diagnosis. Delays in diagnosis are common and associated with worse survival. This program will discuss an approach to interstitial lung disease for primary care providers: when to suspect interstitial lung disease, the diagnostic evaluation, referral to specialists and initial management.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Incorporate interstitial lung disease and pulmonary fibrosis into the differential diagnosis when seeing a patient with persistent shortness of breath and/or cough.
- Recognize and interpret testing involved in early evaluation for interstitial lung disease.
- Identify roles of the general practitioner in management of patients with interstitial lung disease.
- Demonstrate an increased awareness and knowledge of interstitial lung disease and pulmonary fibrosis.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES AND REGISTRATION**

MD/DO/ND/PhD	\$50.00
Allied Health Professionals	\$25.00
*Resident/Fellow/Student	Free
Patient/Family/Friend	Free

**Resident/Fellow/Student rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*

***Registration fees will primarily be used to cover accreditation and certificate fees for licensed clinicians.*

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Course fees are estimated to include a transcript of AMA PRA Category 1 Credits™, access to online instructional materials, catering, taxes, faculty planning, and salaries. Register online at <https://uw.Cloud-CME.com/MJ2402>. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

RECOGNITION

The summit was created in memory of Candace Norquist, a patient at the Center for Interstitial Lung Disease, who passed away due to pulmonary fibrosis. The Candace Norquist Memorial Fund for the Center of Interstitial Lung Disease, created for primary care providers an educational fund to prompt the general practitioners to take the necessary steps to make an early diagnosis of interstitial lung disease and appropriate treatment interventions.

CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by June 30, 2023. A \$10.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after June 30, 2023. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only). Materials will be available starting on July 10, 2023, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

CHILDCARE POLICY/LACTATION SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office by July 7, 2023, if you will need to utilize lactation services.

DIETARY REQUESTS

UW CME considers diverse nutritional preferences and restrictions when planning our complimentary menu. If you have dietary restrictions (i.e. vegan, gluten-free, etc.), please notify us by sending an email to cme@uw.edu by June 30, 2023.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

ACCOMODATIONS

The following hotels are located near the conference site. To make reservations, please directly contact the hotels.

Astra Hotel A Tribute Hotel 300 Terry Ave N Seattle, WA 98109 206.693.6000	Courtyard by Marriott 925 Westlake Ave N Seattle, WA 98109 206.213.0100	EVEN Hotel 527 Fairview Ave N Seattle, WA 98109 206.596.2302	Fairfield Inn & Suites 226 7th Ave N Seattle, WA 98109 206.443.2012
Hyatt House 201 Fifth Ave N Seattle, WA 98109 206.727.1234	MOXY Seattle Downtown 1016 Republican Street Seattle, WA 98109 206.708.8200	Residence Inn 800 Fairview Ave N Seattle, WA 98109 206.624.6000	Staybridge Suites 1119 Mercer Street Seattle, WA 98109 877.238.8889

FACULTY

Guest Speakers

Sonye Danoff, MD, PhD
Assistant Professor
Division of Pulmonary and Critical Care
Medicine
Co-Director
Johns Hopkins Interstitial Lung Disease
Pulmonary Fibrosis Program
Johns Hopkins Medicine
Washington, DC

Erin R. Medina, MD
Family Medicine Physician
Hometown Medical Services, PLLC
Spokane, WA

Douglas Norquist, MD
Orthopedic Surgery Specialist, Retired
Spokane, WA

University of Washington Faculty and Planning Committee

Gregory Gardner, MD, MACP
Professor Emeritus
Department of Medicine
Division of Rheumatology
Bruce C. Gilliland, M.D.-Lucile T. Henderson
Endowed Professor in Rheumatology
Planning Committee

Lawrence A. Ho, MD
Clinical Associate Professor
Department of Medicine
Division of Pulmonary, Critical Care,
and Sleep Medicine
Center for Interstitial Lung Disease (CILD)
Medical Director, Medical Specialty Clinics

Suha Kadura, MD
Assistant Professor
Department of Medicine
Division of Pulmonary, Critical Care and Sleep
Medicine
Center for interstitial Lung Disease (CILD)

Sudhakar Pipavath, MD
Professor
Department of Radiology
Director of Pulmonary Imaging

Ganesh Raghu, MD, ATSF, FACP, FCCP
Professor
Department of Medicine
Division of Pulmonary, Critical Care, and Sleep
Medicine
Adjunct Professor, Department of Laboratory
Medicine and Pathology
Director, Center for Interstitial Lung Disease
Director, Interstitial Lung Disease/Sarcoid/
Pulmonary Fibrosis Program
Co-Director, Scleroderma Clinic
UWMC Montlake Campus
Conference Chair

Robert Ricciotti, MD
Assistant Professor
Department of Laboratory Medicine and Pathology
Director, Bone and Soft Tissue Fellowship Program

Coralynn Sack, MD, MPH
Assistant Professor
Department of Medicine and
Department of Environmental and Occupational
Health Sciences
Conference Co-Chair

Bridget Collins, MD
Clinical Associate Professor
Department of Medicine
Division of Pulmonary, Critical Care, and Sleep
Medicine
Planning Committee

Conference Schedule and Faculty Speakers

SATURDAY, JULY 15, 2023

- 8:30 Registration and Breakfast
- 9:00 Welcome and Introduction
Douglas Norquist, MD and Ganesh Raghu, MD
- 9:30 Evaluation of Patient with Persistent Dyspnea or Cough
Suha Kadura, MD
- 10:15 Clinical Presentation: ILD Overview and Importance of Early Recognition
Sonye Danoff, MD PhD
- 11:00 Break
- 11:15 Importance of Eliciting Exposure and Environmental History When Considering ILD
Coralynn Sack, MD, MPH
- 12:00 Imaging as a Diagnostic Tool for Patients Suspected to Have Interstitial Lung Disease
Sudhakar Pipavath, MD
- 12:45 Lunch Break
- 1:15 Considering Connective Tissue Diseases Among Patients Suspected to Have ILD
Greg Gardner, MD, MACP
- 2:00 Multidisciplinary Case Presentation with Panel
Ganesh Raghu, MD (Moderator)
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| <u>Case Presentations:</u> | <u>Panelists:</u> |
| <i>Lawrence Ho, MD</i> | <i>Sonye Danoff, MD, PhD</i> |
| <i>Suha Kadura, MD</i> | <i>Greg Gardner, MD</i> |
| <i>Coralynn Sack, MD, MPH</i> | <i>Sudhakar Pipavath, MD</i> |
| | <i>Robert Ricciotti, MD</i> |
- 3:00 Break
- 3:15 Open Discussion with Attendees: Role of the PCP in Management of ILD
Ganesh Raghu, MD (Moderator)
Lawrence A. Ho, MD
Erin Medina, MD
Sudhakar Pipavath, MD
- 4:15 Closing Statements
Ganesh Raghu, MD and Douglas Norquist, MD
- 4:30 Adjourn

For course details and registration, visit uwcme.org

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Email cme@uw.edu